

**HIGHLIGHTS OF PRESCRIBING INFORMATION**

These highlights do not include all the information needed to use TECFIDERA safely and effectively. See full prescribing information for TECFIDERA.

**TECFIDERA™ (dimethyl fumarate) delayed-release capsules, for oral use**

**Initial U.S. Approval: 2013**

**-----INDICATIONS AND USAGE-----**

TECFIDERA is indicated for the treatment of patients with relapsing forms of multiple sclerosis (1)

**-----DOSAGE AND ADMINISTRATION-----**

- Starting dose: 120 mg twice a day, orally, for 7 days (2)
- Maintenance dose after 7 days: 240 mg twice a day, orally (2)
- Swallow TECFIDERA capsules whole and intact. Do not crush, chew, or sprinkle capsule contents on food (2)
- Take TECFIDERA with or without food (2)

**-----DOSAGE FORMS AND STRENGTHS-----**

*Delayed-release capsules:* 120 mg and 240 mg (3)

**-----CONTRAINDICATIONS-----**

None (4)

**-----WARNINGS AND PRECAUTIONS-----**

TECFIDERA may cause lymphopenia. A recent CBC should be available before initiating treatment with TECFIDERA. A CBC is recommended annually, and as clinically indicated. Consider withholding treatment in patients with serious infections. (5.1, 6.1)

**-----ADVERSE REACTIONS-----**

Most common adverse reactions (incidence  $\geq 10\%$  and  $\geq 2\%$  placebo) were flushing, abdominal pain, diarrhea, and nausea (6.1)

To report SUSPECTED ADVERSE REACTIONS, contact Biogen Idec at 1-800-456-2255 or FDA at 1-800-FDA-1088 or [www.fda.gov/medwatch](http://www.fda.gov/medwatch).

**-----USE IN SPECIFIC POPULATIONS-----**

- Pregnancy: based on animal data, may cause fetal harm (8.1)

See 17 for PATIENT COUNSELING INFORMATION and FDA-approved patient labeling

Revised: 03/2013

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## FULL PRESCRIBING INFORMATION

### 1 INDICATIONS AND USAGE

TECFIDERA is indicated for the treatment of patients with relapsing forms of multiple sclerosis.

### 2 DOSAGE AND ADMINISTRATION

#### 2.1 Dosing Information

The starting dose for TECFIDERA is 120 mg twice a day orally. After 7 days, the dose should be increased to the maintenance dose of 240 mg twice a day orally. TECFIDERA should be swallowed whole and intact. TECFIDERA should not be crushed or chewed and the capsule contents should not be sprinkled on food. TECFIDERA can be taken with or without food. Administration with food may reduce the incidence of flushing [see *Clinical Pharmacology (12.3)*].

#### 2.2 Blood Test Prior to Initiation of Therapy

A recent complete blood cell count (CBC) (i.e., within 6 months) is recommended before initiation of therapy to identify patients with pre-existing low lymphocyte counts.

### 3 DOSAGE FORMS AND STRENGTHS

TECFIDERA is available as hard gelatin delayed-release capsules containing 120 mg or 240 mg of dimethyl fumarate. The 120 mg capsules have a green cap and white body, printed with "BG-12 120 mg" in black ink on the body. The 240 mg capsules have a green cap and a green body, printed with "BG-12 240 mg" in black ink on the body.

### 4 CONTRAINDICATIONS

None.

### 5 WARNINGS AND PRECAUTIONS

#### 5.1 Lymphopenia

TECFIDERA may decrease lymphocyte counts [see *Adverse Reactions (6.1)*]. In the MS placebo controlled trials, mean lymphocyte counts decreased by approximately 30% during the first year of treatment with TECFIDERA and then remained stable. Four weeks after stopping TECFIDERA, mean lymphocyte counts increased but did not return to baseline. Six percent (6%) of TECFIDERA patients and <1% of placebo patients experienced lymphocyte counts  $<0.5 \times 10^9/L$  (lower limit of normal  $0.91 \times 10^9/L$ ). The incidence of infections (60% vs 58%) and serious infections (2% vs 2%) was similar in patients treated with TECFIDERA or placebo, respectively. There was no increased incidence of serious infections observed in patients with lymphocyte counts  $<0.8 \times 10^9/L$  or  $0.5 \times 10^9/L$ .

Before initiating treatment with TECFIDERA, a recent CBC (i.e., within 6 months) should be available. A CBC is recommended annually, and as clinically indicated. Withholding treatment should be considered in patients with serious infections until the infection(s) is resolved. TECFIDERA has not been studied in patients with pre-existing low lymphocyte counts.

#### 5.2 Flushing

TECFIDERA may cause flushing (e.g., warmth, redness, itching, and/or burning sensation). In clinical trials, 40% of TECFIDERA treated patients experienced flushing. Flushing symptoms generally began soon after initiating TECFIDERA and usually improved or resolved over time. In the majority of patients who experienced flushing, it was mild or moderate in severity. Three percent (3%) of

patients discontinued TECFIDERA for flushing and <1% had serious flushing symptoms that were not life-threatening but led to hospitalization. Administration of TECFIDERA with food may reduce the incidence of flushing.

## 6 ADVERSE REACTIONS

The following important adverse reactions are described elsewhere in labeling: Lymphopenia, Flushing [*see Warnings and Precautions (5.1, 5.2)*].

### 6.1 Clinical Trials Experience

Because clinical trials are conducted under widely varying conditions, adverse reaction rates observed in clinical trials of a drug cannot be directly compared to rates in the clinical trials of another drug and may not reflect the rates observed in clinical practice.

The most common adverse reactions (incidence  $\geq 10\%$  and  $\geq 2\%$  more than placebo) for TECFIDERA were flushing, abdominal pain, diarrhea, and nausea.

#### *Adverse Reactions in Placebo-Controlled Trials*

In the two well-controlled studies demonstrating effectiveness, 1529 patients received TECFIDERA with an overall exposure of 2244 person-years [*see Clinical Studies (14)*].

The adverse reactions presented in the table below are based on safety information from 769 patients treated with TECFIDERA 240 mg twice a day and 771 placebo-treated patients.

**Table 1: Adverse Reactions in Study 1 and 2 reported for TECFIDERA 240 mg BID at  $\geq 2\%$  higher incidence than placebo**

	<b>TECFIDERA N=769 %</b>	<b>Placebo N=771 %</b>
<b>Blood and Lymphatic System Disorders</b>		
Lymphopenia	2	<1
<b>Gastrointestinal Disorders</b>		
Abdominal pain	18	10
Diarrhea	14	11
Nausea	12	9
Vomiting	9	5
Dyspepsia	5	3
<b>Vascular Disorders</b>		
Flushing	40	6
<b>Skin and Subcutaneous Tissue Disorders</b>		
Pruritus	8	4
Rash	8	3
Erythema	5	1
<b>Investigations</b>		
Albumin urine present	6	4
Aspartate aminotransferase increased	4	2

#### *Gastrointestinal*

TECFIDERA caused GI events (e.g., nausea, vomiting, diarrhea, abdominal pain, and dyspepsia). The incidence of GI events was higher early in the course of treatment (primarily in month 1) and usually decreased over time in patients treated with TECFIDERA compared with placebo. Four percent (4%) of patients treated with TECFIDERA and less than 1% of placebo patients discontinued due to gastrointestinal events. The incidence of serious GI events was 1% in patients treated with TECFIDERA.

#### *Hepatic Transaminases*

An increased incidence of elevations of hepatic transaminases in patients treated with TECFIDERA was seen primarily during the first six months of treatment, and most patients with elevations had levels < 3 times the upper limit of normal (ULN). Elevations of alanine aminotransferase and aspartate aminotransferase to  $\geq 3$  times the ULN occurred in a small number of patients treated with both TECFIDERA and placebo and were balanced between groups. There were no elevations in transaminases  $\geq 3$  times the ULN with concomitant elevations in total bilirubin > 2 times the ULN. Discontinuations due to elevated hepatic transaminases were < 1% and were similar in patients treated with TECFIDERA or placebo.

### *Eosinophilia*

A transient increase in mean eosinophil counts was seen during the first 2 months of therapy.

### *Adverse Reactions in Placebo-Controlled and Uncontrolled Studies*

In placebo-controlled and uncontrolled clinical studies, a total of 2513 patients have received TECFIDERA and been followed for periods up to 4 years with an overall exposure of 4603 person-years. Approximately 1162 patients have received more than 2 years of treatment with TECFIDERA. The adverse reaction profile of TECFIDERA in the uncontrolled clinical studies was consistent with the experience in the placebo-controlled clinical trials.

## **8 USE IN SPECIFIC POPULATIONS**

### **8.1 Pregnancy**

#### Pregnancy Category C

There are no adequate and well-controlled studies in pregnant women. In animals, adverse effects on offspring survival, growth, sexual maturation, and neurobehavioral function were observed when dimethyl fumarate (DMF) was administered during pregnancy and lactation at clinically relevant doses. TECFIDERA should be used during pregnancy only if the potential benefit justifies the potential risk to the fetus.

In rats administered DMF orally (25, 100, 250 mg/kg/day) throughout organogenesis, embryofetal toxicity (reduced fetal body weight and delayed ossification) were observed at the highest dose tested. This dose also produced evidence of maternal toxicity (reduced body weight). Plasma exposure (AUC) for monomethyl fumarate (MMF), the major circulating metabolite, at the no-effect dose is approximately three times that in humans at the recommended human dose (RHD) of 480 mg/day. In rabbits administered DMF orally (25, 75, and 150 mg/kg/day) throughout organogenesis, embryoletality and decreased maternal body weight were observed at the highest dose tested. The plasma AUC for MMF at the no-effect dose is approximately 5 times that in humans at the RHD.

Oral administration of DMF (25, 100, and 250 mg/kg/day) to rats throughout organogenesis and lactation resulted in increased lethality, persistent reductions in body weight, delayed sexual maturation (male and female pups), and reduced testicular weight at the highest dose tested. Neurobehavioral impairment was observed at all doses. A no-effect dose for developmental toxicity was not identified. The lowest dose tested was associated with plasma AUC for MMF lower than that in humans at the RHD.

#### *Pregnancy Registry*

There is a pregnancy registry that monitors pregnancy outcomes in women exposed to TECFIDERA during pregnancy. Encourage patients to enroll by calling 1-800-456-2255.

### **8.3 Nursing Mothers**

It is not known whether this drug is excreted in human milk. Because many drugs are excreted in human milk, caution should be exercised when TECFIDERA is administered to a nursing woman.

## 8.4 Pediatric Use

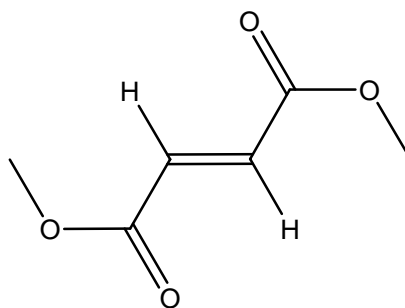
Safety and effectiveness in pediatric patients have not been established.

## 8.5 Geriatric Use

Clinical studies of TECFIDERA did not include sufficient numbers of patients aged 65 and over to determine whether they respond differently from younger patients.

## 11 DESCRIPTION

TECFIDERA contains dimethyl fumarate which is also known by its chemical name, dimethyl (E) butenedioate, (C<sub>6</sub>H<sub>8</sub>O<sub>4</sub>). It has the following structure:



Dimethyl fumarate is a white to off-white powder that is highly soluble in water with a molecular mass of 144.13.

TECFIDERA is provided as hard gelatin delayed-release capsules for oral administration, containing 120 mg or 240 mg of dimethyl fumarate consisting of the following inactive ingredients: microcrystalline cellulose, silicified microcrystalline cellulose, croscarmellose sodium, talc, silica colloidal silicon dioxide, magnesium stearate, triethyl citrate, methacrylic acid copolymer - Type A, methacrylic acid copolymer dispersion, simethicone (30% emulsion), sodium lauryl sulphate, and polysorbate 80. The capsule shell, printed with black ink, contains the following inactive ingredients: gelatin, titanium dioxide, FD&C blue 1; brilliant blue FCF, yellow iron oxide and black iron oxide.

## 12 CLINICAL PHARMACOLOGY

### 12.1 Mechanism of Action

The mechanism by which dimethyl fumarate (DMF) exerts its therapeutic effect in multiple sclerosis is unknown. DMF and the metabolite, monomethyl fumarate (MMF), have been shown to activate the Nuclear factor (erythroid-derived 2)-like 2 (Nrf2) pathway *in vitro* and *in vivo* in animals and humans. The Nrf2 pathway is involved in the cellular response to oxidative stress. MMF has been identified as a nicotinic acid receptor agonist *in vitro*.

## 12.2 Pharmacodynamics

### *Potential to prolong the QT interval*

In a placebo controlled thorough QT study performed in healthy subjects, there was no evidence that dimethyl fumarate caused QT interval prolongation of clinical significance (i.e., the upper bound of the 90% confidence interval for the largest placebo-adjusted, baseline-corrected QTc was below 10 ms).

## 12.3 Pharmacokinetics

After oral administration of TECFIDERA, dimethyl fumarate undergoes rapid presystemic hydrolysis by esterases and is converted to its active metabolite, monomethyl fumarate (MMF). Dimethyl fumarate is not quantifiable in plasma following oral administration of TECFIDERA. Therefore all pharmacokinetic analyses related to TECFIDERA were performed with plasma MMF concentrations. Pharmacokinetic data were obtained in subjects with multiple sclerosis and healthy volunteers.

### *Absorption*

The median  $T_{max}$  of MMF is 2-2.5 hours. The peak plasma concentration ( $C_{max}$ ) and overall exposure (AUC) increased approximately dose proportionally in the dose range studied (120 mg to 360 mg). Following administration of TECFIDERA 240 mg twice a day with food, the mean  $C_{max}$  of MMF was 1.87 mg/L and AUC was 8.21 mg.hr/L in MS patients.

A high-fat, high-calorie meal did not affect the AUC of MMF but decreased its  $C_{max}$  by 40%. The  $T_{max}$  was delayed from 2.0 hours to 5.5 hours. In this study, the incidence of flushing was reduced by approximately 25% in the fed state.

### *Distribution*

The apparent volume of distribution of MMF varies between 53 and 73 L in healthy subjects. Human plasma protein binding of MMF is 27-45% and independent of concentration.

### *Metabolism*

In humans, dimethyl fumarate is extensively metabolized by esterases, which are ubiquitous in the gastrointestinal tract, blood, and tissues, before it reaches the systemic circulation. Further metabolism of MMF occurs through the tricarboxylic acid (TCA) cycle, with no involvement of the cytochrome P450 (CYP) system. MMF, fumaric and citric acid, and glucose are the major metabolites in plasma.

### *Elimination*

Exhalation of  $CO_2$  is the primary route of elimination, accounting for approximately 60% of the TECFIDERA dose. Renal and fecal elimination are minor routes of elimination, accounting for 16% and 1% of the dose respectively. Trace amounts of unchanged MMF were present in urine.

The terminal half-life of MMF is approximately 1 hour and no circulating MMF is present at 24 hours in the majority of individuals. Accumulation of MMF does not occur with multiple doses of TECFIDERA.

### *Specific Populations*

Body weight, gender, and age do not require dosage adjustment.

No studies have been conducted in subjects with hepatic or renal impairment. However, neither condition would be expected to affect exposure to MMF and therefore no dosage adjustment is necessary.

### *Drug Interaction Studies*

No potential drug interactions with dimethyl fumarate or MMF were identified in *in vitro* CYP inhibition and induction studies, or in P-glycoprotein studies. Single doses of interferon beta-1a or glatiramer acetate did not alter the pharmacokinetics of MMF. Aspirin, when administered approximately 30 minutes before TECFIDERA, did not alter the pharmacokinetics of MMF.

## 13 NONCLINICAL TOXICOLOGY

### 13.1 Carcinogenesis, Mutagenesis, Impairment of Fertility

#### *Carcinogenesis*

Carcinogenicity studies of dimethyl fumarate (DMF) were conducted in mice and rats. In mice, oral administration of DMF (25, 75, 200, and 400 mg/kg/day) for up to two years resulted in an increase in nonglandular stomach (forestomach) and kidney tumors: squamous cell carcinomas and papillomas of the forestomach in males and females at 200 and 400 mg/kg/day; leiomyosarcomas of the forestomach at 400 mg/kg/day in males and females; renal tubular adenomas and carcinomas at 200 and 400 mg/kg/day in males; and renal tubule adenomas at 400 mg/kg/day in females. Plasma MMF exposure (AUC) at the highest dose not associated with tumors in mice (75 mg/kg/day) was similar to that in humans at the recommended human dose (RHD) of 480 mg/day.

In rats, oral administration of DMF (25, 50, 100, and 150 mg/kg/day) for up to two years resulted in increases in squamous cell carcinomas and papillomas of the forestomach at all doses tested in males and females, and in testicular interstitial (Leydig) cell adenomas at 100 and 150 mg/kg/day. Plasma MMF AUC at the lowest dose tested was lower than that in humans at the RHD.

#### *Mutagenesis*

Dimethyl fumarate (DMF) and monomethyl fumarate (MMF) were not mutagenic in the *in vitro* bacterial reverse mutation (Ames) assay. DMF and MMF were clastogenic in the *in vitro* chromosomal aberration assay in human peripheral blood lymphocytes in the absence of metabolic activation. DMF was not clastogenic in the *in vivo* micronucleus assay in the rat.

#### *Impairment of Fertility*

In male rats, oral administration of DMF (75, 250, and 375 mg/kg/day) prior to and throughout the mating period had no effect on fertility; however, increases in non-motile sperm were observed at the mid and high doses. The no-effect dose for adverse effects on sperm is similar to the recommended human dose (RHD) of 480 mg/day on a body surface area (mg/m<sup>2</sup>) basis.

In female rats, oral administration of DMF (20, 100, and 250 mg/kg/day) prior to and during mating and continuing to gestation day 7 caused disruption of the estrous cycle and increases in embryoletality at the highest dose tested. The highest dose not associated with adverse effects (100 mg/kg/day) is twice the RHD on a mg/m<sup>2</sup> basis.

Testicular toxicity (germinal epithelial degeneration, atrophy, hypospermia, and/or hyperplasia) was observed at clinically relevant doses in mice, rats, and dogs in subchronic and chronic oral toxicity studies of DMF, and in a chronic oral toxicity study evaluating a combination of four fumaric acid esters (including DMF) in rats.

### 13.2 Animal Toxicology and/or Pharmacology

Kidney toxicity was observed after repeated oral administration of dimethyl fumarate (DMF) in mice, rats, dogs, and monkeys. Renal tubule epithelia regeneration, suggestive of tubule epithelial injury, was observed in all species. Renal tubular hyperplasia was observed in rats with dosing for up to two years. Cortical atrophy and interstitial fibrosis were observed in dogs and monkeys at doses above 5 mg/kg/day. In monkeys, the highest dose tested (75 mg/kg/day) was associated with single cell necrosis and multifocal and diffuse interstitial fibrosis, indicating irreversible loss of renal tissue and function. In dogs and monkeys, the 5 mg/kg/day dose was associated with plasma MMF exposures less than or similar to that in humans at the recommended human dose (RHD).

A dose-related increase in incidence and severity of retinal degeneration was observed in mice following oral administration of DMF for up to two years at doses above 75 mg/kg/day, a dose associated with plasma MMF exposure (AUC) similar to that in humans at the RHD.

## 14 CLINICAL STUDIES

The efficacy and safety of TECFIDERA were demonstrated in two studies (Studies 1 and 2) that evaluated TECFIDERA taken either twice or three times a day in patients with relapsing-remitting multiple sclerosis (RRMS). The starting dose for TECFIDERA was 120 mg twice or three times a day for the first 7 days, followed by an increase to 240 mg twice or three times a day. Both studies included patients who had experienced at least 1 relapse over the year preceding the trial or had a brain Magnetic Resonance Imaging (MRI) scan demonstrating at least one gadolinium-enhancing (Gd+) lesion within 6 weeks of randomization. The Expanded Disability Status Scale (EDSS) was also assessed and patients could have scores ranging from 0 to 5. Neurological evaluations were performed at baseline, every 3 months, and at the time of suspected relapse. MRI evaluations were performed at baseline, month 6, and year 1 and 2 in a subset of patients (44% in Study 1 and 48% in Study 2).

### Study 1: Placebo-Controlled Trial in RRMS

Study 1 was a 2-year randomized, double-blind, placebo-controlled study in 1234 patients with RRMS. The primary endpoint was the proportion of patients relapsed at 2 years. Additional endpoints at 2 years included the number of new or newly enlarging T2 hyperintense lesions, number of new T1 hypointense lesions, number of Gd+ lesions, annualized relapse rate (ARR), and time to confirmed disability progression. Confirmed disability progression was defined as at least a 1 point increase from baseline EDSS (1.5 point increase for patients with baseline EDSS of 0) sustained for 12 weeks.

Patients were randomized to receive TECFIDERA 240 mg twice a day (n=410), TECFIDERA 240 mg three times a day (n=416), or placebo (n=408) for up to 2 years. The median age was 39 years, median time since diagnosis was 4 years, and median EDSS score at baseline was 2. The median time on study drug for all treatment arms was 96 weeks. The percentages of patients who completed 96 weeks on study drug per treatment group were 69% for patients assigned to TECFIDERA 240 mg twice a day, 69% for patients assigned to TECFIDERA 240 mg three times a day and 65% for patients assigned to placebo groups.

TECFIDERA had a statistically significant effect on all of the endpoints described above and the 240 mg three times daily dose showed no additional benefit over the TECFIDERA 240 mg twice daily dose. The results for this study (240 mg twice a day vs. placebo) are shown in Table 2 and Figure 1.

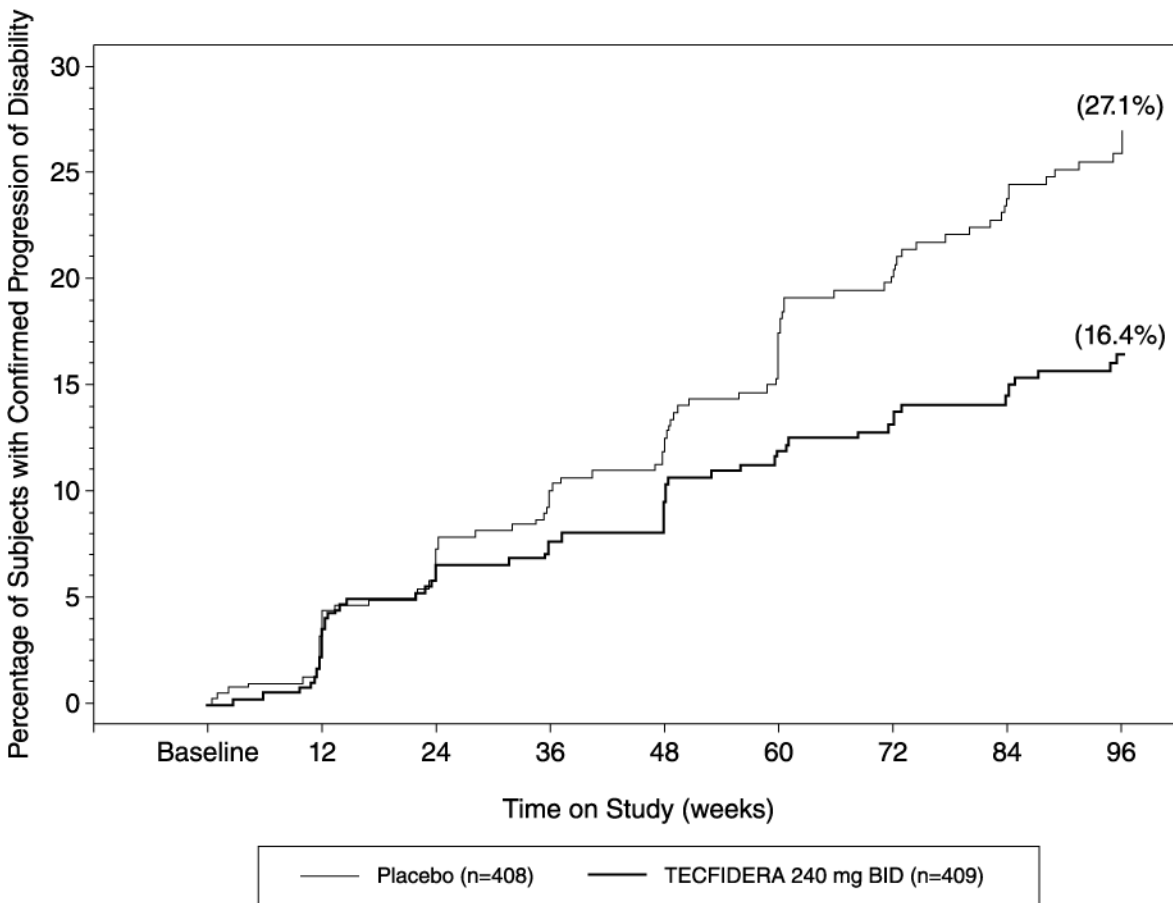
**Table 2: Clinical and MRI Results of Study 1**

	TECFIDERA 240 mg BID	Placebo	P-value
<b>Clinical Endpoints</b>	N=410	N=408	
Proportion relapsing (primary endpoint)	27%	46%	<0.0001
Relative risk reduction	49%		
Annualized relapse rate	0.172	0.364	<0.0001
Relative reduction	53%		
Proportion with disability progression	16%	27%	0.0050
Relative risk reduction	38%		
<b>MRI Endpoints</b>	N=152	N=165	
Mean number of new or newly enlarging T2 lesions over 2 years	2.6	17	<0.0001
Percentage of subjects with no new or newly enlarging lesions	45%	27%	



	TECFIDERA 240 mg BID	Placebo	P-value
Number of Gd+ lesions at 2 years Mean (median)	0.1 (0)	1.8 (0)	
Percentage of subjects with			
0 lesions	93%	62%	
1 lesion	5%	10%	
2 lesions	<1%	8%	
3 to 4 lesions	0	9%	
5 or more lesions	<1%	11%	
Relative odds reduction (percentage)	90%		<0.0001
Mean number of new T1 hypointense lesions over 2 years	1.5	5.6	< 0.0001

**Figure 1: Time to 12-Week Confirmed Progression of Disability (Study 1)**



NOTE: Confirmed progression of disability is defined as at least 1.0 point increase on the EDSS from a baseline EDSS  $\geq$  1.0 confirmed for 12 weeks or at least 1.5 point increase on the EDSS from a baseline EDSS of 0 confirmed for 12 weeks.

Study 2: Placebo-Controlled Trial in RRMS

Study 2 was a 2-year multicenter, randomized, double-blind, placebo-controlled study that also included an open-label comparator arm in patients with RRMS. The primary endpoint was the annualized relapse rate at 2 years. Additional endpoints at 2 years included

Reference ID: 3283381

the number of new or newly enlarging T2 hyperintense lesions, number of T1 hypointense lesions, number of Gd+ lesions, proportion of patients relapsed, and time to confirmed disability progression as defined in Study 1.

Patients were randomized to receive TECFIDERA 240 mg twice a day (n=359), TECFIDERA 240 mg three times a day (n=345), an open-label comparator (n=350), or placebo (n=363) for up to 2 years. The median age was 37 years, median time since diagnosis was 3 years, and median EDSS score at baseline was 2.5. The median time on study drug for all treatment arms was 96 weeks. The percentages of patients who completed 96 weeks on study drug per treatment group were 72% for patients assigned to TECFIDERA 240 mg twice a day, 70% for patients assigned to TECFIDERA 240 mg three times a day and 64% for patients assigned to placebo groups.

TECFIDERA had a statistically significant effect on the relapse and MRI endpoints described above. There was no statistically significant effect on disability progression. The TECFIDERA 240 mg three times daily dose resulted in no additional benefit over the TECFIDERA 240 mg twice daily dose. The results for this study (240 mg twice a day vs. placebo) are shown in Table 3.

**Table 3: Clinical and MRI Results of Study 2**

	TECFIDERA 240 mg BID	Placebo	P-value
<b>Clinical Endpoints</b>	N=359	N=363	
Annualized relapse rate	0.224	0.401	<0.0001
Relative reduction	44%		
Proportion relapsing	29%	41%	0.0020
Relative risk reduction	34%		
Proportion with disability progression	13%	17%	0.25
Relative risk reduction	21%		
<b>MRI Endpoints</b>	N=147	N=144	
Mean number of new or newly enlarging T2 lesions over 2 years	5.1	17.4	<0.0001
Percentage of subjects with no new or newly enlarging lesions	27%	12%	
Number of Gd+ lesions at 2 years			
Mean (median)	0.5 (0.0)	2.0 (0.0)	
Percentage of subjects with			
0 lesions	80%	61%	
1 lesion	11%	17%	
2 lesions	3%	6%	
3 to 4 lesions	3%	2%	
5 or more lesions	3%	14%	
Relative odds reduction (percentage)	74%		<0.0001
Mean number of new T1 hypointense lesions over 2 years	3.0	7.0	<0.0001

## 16 HOW SUPPLIED/STORAGE AND HANDLING

TECFIDERA is available as hard gelatin delayed-release capsules in two strengths containing either 120 mg or 240 mg of dimethyl fumarate. The green and white 120 mg capsules are printed with “BG-12 120 mg” in black ink. The green 240 mg capsules are printed with “BG-12 240 mg” in black ink. TECFIDERA is available as follows:

30-day Starter Pack, (NDC 64406-007-03):

7-day bottle 120 mg capsules, quantity 14

23-day bottle 240 mg capsules, quantity 46

120 mg capsules:

7-day bottle of 14 capsules (NDC 64406-005-01)

240 mg capsules:

30-day bottle of 60 capsules (NDC 64406-006-02)

Store at 15°C to 30°C (59 to 86°F). Protect the capsules from light. Store in original container. Once opened, discard bottles of TECFIDERA after 90 days.

## 17 PATIENT COUNSELING INFORMATION

See FDA-approved patient labeling (Patient Information)

### 17.1 Dosage

Inform patients that they will be provided two strengths of TECFIDERA when starting treatment: 120 mg capsules for the 7 day starter dose and 240 mg capsules for the maintenance dose, both to be taken twice daily. Inform patients to swallow TECFIDERA capsules whole and intact. Inform patients to not crush, chew, or sprinkle capsule contents on food. Inform patients that TECFIDERA can be taken with or without food [see *Dosage and Administration (2.1)*].

### 17.2 Flushing and Gastrointestinal (GI) Reactions

Flushing and GI reactions (abdominal pain, diarrhea, and nausea) are the most common reactions, especially at the initiation of therapy, and may decrease over time. Advise patients to contact their healthcare provider if they experience persistent and/or severe flushing or GI reactions, as taking TECFIDERA with food may help [see *Adverse Reactions (6.1)*].

### 17.3 Pregnancy and Pregnancy Registry

Instruct patients that if they are pregnant or plan to become pregnant while taking TECFIDERA they should inform their physician.

Encourage patients to enroll in the TECFIDERA Pregnancy Registry if they become pregnant while taking TECFIDERA. Advise patients to call 1-800-456-2255 for more information [see *Use in Specific Populations (8.1)*].

### 17.4 Lymphocyte Counts

Inform patients that TECFIDERA may decrease lymphocyte counts. A recent blood test (i.e., within 6 months) should be available before they start therapy to identify patients with pre-existing low lymphocyte counts. Blood tests are also recommended annually, and as clinically indicated [see *Warnings and Precautions (5.1)*, *Adverse Reactions (6.1)*].

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Manufactured by:  
Biogen Idec Inc.  
Cambridge, MA 02142

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<b>Patient Information</b> <b>TECFIDERA™ (tek" fi de' rah)</b> <b>(dimethyl fumarate) delayed-release capsules</b>
<b>What is TECFIDERA?</b> <ul style="list-style-type: none"><li>• TECFIDERA is a prescription medicine used to treat people with relapsing forms of multiple sclerosis (MS)</li><li>• It is not known if TECFIDERA is safe and effective in children under 18 years of age</li></ul>
<b>Before taking and while you take TECFIDERA, tell your doctor if you have or have had:</b> <ul style="list-style-type: none"><li>• low white blood cell counts or an infection</li><li>• any other medical conditions</li></ul> <b>Tell your doctor if you are:</b> <ul style="list-style-type: none"><li>• pregnant or plan to become pregnant. It is not known if TECFIDERA will harm your unborn baby.<ul style="list-style-type: none"><li>• If you become pregnant while taking TECFIDERA, talk to your doctor about enrolling in the TECFIDERA Pregnancy Registry. You can enroll in this registry by calling 1-800-456-2255. The purpose of this registry is to monitor the health of you and your baby.</li></ul></li><li>• breastfeeding or plan to breastfeed. It is not known if TECFIDERA passes into your breast milk. You and your doctor should decide if you will take TECFIDERA or breastfeed.</li><li>• taking prescription or over-the-counter medicines, vitamins, or herbal supplements</li></ul>
<b>How should I take TECFIDERA?</b> <ul style="list-style-type: none"><li>• Take TECFIDERA exactly as your doctor tells you to take it</li><li>• The recommended starting dose is one 120 mg capsule taken by mouth 2 times a day for 7 days</li><li>• The recommended dose after 7 days is one 240 mg capsule taken by mouth 2 times a day</li><li>• TECFIDERA can be taken with or without food</li><li>• Swallow TECFIDERA whole. Do not crush, chew, or sprinkle capsule contents on food.</li><li>• Protect TECFIDERA from light. You can do this by storing the capsules in their original container. Throw away opened TECFIDERA after 90 days.</li></ul>
<b>What are the possible side effects of TECFIDERA?</b> <b>TECFIDERA may cause serious side effects including:</b> <ul style="list-style-type: none"><li>• <b>decreases in your white blood cell count</b></li></ul> <b>The most common side effects of TECFIDERA include:</b> <ul style="list-style-type: none"><li>• flushing, redness, itching, or rash</li><li>• nausea, vomiting, diarrhea, stomach pain, or indigestion</li></ul> Flushing and stomach problems are the most common reactions, especially at the start of therapy, and may decrease over time. Call your doctor if you have any of these symptoms and they bother you or do not go away. These are not all the possible side effects of TECFIDERA. Call your doctor for medical advice about side effects. You may report side effects to FDA at 1-800-FDA-1088. <b>For more information go to <a href="http://dailymed.nlm.nih.gov">dailymed.nlm.nih.gov</a>.</b>
<b>General Information about the safe and effective use of TECFIDERA</b> <ul style="list-style-type: none"><li>• Medicines are sometimes prescribed for purposes other than those listed in this Patient Information. Do not use TECFIDERA for a condition for which it was not prescribed. Do not give TECFIDERA to other people, even if they have the same symptoms that you have. It may harm them.</li><li>• If you would like more information, talk to your doctor or pharmacist. You can ask your doctor or pharmacist for information about TECFIDERA that is written for healthcare professionals.</li></ul>
<b>What are the ingredients in TECFIDERA?</b> <b>Active ingredient:</b> dimethyl fumarate <b>Inactive ingredients:</b> microcrystalline cellulose, silicified microcrystalline cellulose, croscarmellose sodium, talc, silica colloidal silicon dioxide, magnesium stearate, triethyl citrate, methacrylic acid copolymer - Type A, methacrylic acid copolymer dispersion, simethicone (30% emulsion), sodium lauryl sulphate, and polysorbate 80. <b>Capsule Shell:</b> gelatin, titanium dioxide, FD&C blue 1; brilliant blue FCF, yellow iron oxide and black iron oxide.
Manufactured by: Biogen Idec Inc., Cambridge, MA 02142, <a href="http://www.TECFIDERA.com">www.TECFIDERA.com</a> or call 1-800-456-2255

## **Appendix B Abuse-Related Adverse Event Terms**

The list below is a compilation of abuse-related adverse event terms, based on our experience to date. The list includes specific terms that are in the MedDRA dictionary and frequently used verbatim terms, words, or phrases. Most terms are listed under General, Neurological, and Psychiatric Disorders High Level Groupings.

The presence of euphoria or other positive mood changes is a key observation that may influence a recommendation for scheduling. However, the overall behavioral profile and pharmacologic similarity to a scheduled drug is critical in determining whether scheduling will be recommended, and if so, into which schedule the drug will be recommended for placement.

### **Euphoria-related terms:**

Euphoric mood: euphoria, euphoric, exaggerated well-being, excitement excessive, feeling high, felt high, high\*, high\* feeling, laughter. (\* Exclude terms that clearly are not related or relevant such as “high blood pressure,” etc.)

Elevated mood: mood elevated, elation.

Feeling abnormal: cotton wool in head, feeling dazed, feeling floating, feeling strange, feeling weightless, felt like a zombie, floating feeling, foggy feeling in head, funny episode, fuzzy, fuzzy head, muzzy head, spaced out, unstable feeling, weird feeling, spacey.

Feeling drunk: drunkenness feeling of, drunk-like effect, intoxicated, stoned, drugged.

Feeling of relaxation: feeling of relaxation, feeling relaxed, relaxation, relaxed, increased well-being, excessive happiness.

Dizziness: dizziness and giddiness, felt giddy, giddiness, light headedness, light-headed, light-headed feeling, lightheadedness, swaying feeling, wooziness, woozy.

Thinking abnormal: abnormal thinking, thinking irrational, wandering thoughts.

Hallucination: (auditory, visual, and all hallucination types), illusions, flashbacks, floating, rush, and feeling addicted.

Inappropriate affect: elation inappropriate, exhilaration inappropriate, feeling happy inappropriately, inappropriate affect, inappropriate elation, inappropriate laughter, inappropriate mood elevation.

### **Terms indicative of impaired attention, cognition, mood, and psychomotor events:**

Somnolence: groggy, groggy and sluggish, groggy on awakening, stupor.

Mood disorders and disturbances: mental disturbance, depersonalization, psychomotor stimulation, mood disorders, emotional and mood disturbances, deliria, delirious, mood altered, mood alterations, mood instability, mood swings, emotional liability, emotional disorder, emotional distress, personality disorder, impatience, abnormal behavior, delusional disorder, irritability.

Mental impairment disorders: memory loss (exclude dementia), amnesia, memory impairment, decreased memory, cognition and attention disorders and disturbances, decreased concentration, cognitive disorder, disturbance in attention, mental impairment, mental slowing, mental disorders.

Drug tolerance, Habituation, Drug withdrawal syndrome, Substance-related disorders

**Dissociative/psychotic terms:**

Psychosis: psychotic episode or disorder.

Aggressive: hostility, anger, paranoia.

Confusion and disorientation: confusional state, disoriented, disorientation, confusion, disconnected, derealization, dissociation, detached, fear symptoms, depersonalization, perceptual disturbances, thinking disturbances, thought blocking, sensation of distance from one's environment, blank stare, muscle rigidity, non-communicative, sensory distortions, slow slurred speech, agitation, excitement, increased pain threshold, loss of a sense of personal identity.

**Depression terms:**

Depression, depressed mood.

**Suicide Terms:**

Suicide, suicidal ideation/behavior, committed suicide.

**Homicide Terms:**

Homicidal ideation/behavior, homicide.